

**LECTIO - BRMC's Bible Reading Journey**

Date	Scripture Reference
Wed, 22 May	Psalm 1:1-6
Thu, 23 May	Psalm 2:1-12
Fri, 24 May	Psalm 3:1-8
Mon, 27 May	Psalm 4:1-8
Tue, 28 May	Psalm 5:1-12
Wed, 29 May	Psalm 6:1-10
Thu, 30 May	Psalm 7:1-17
Fri, 31 May	Psalm 8:1-9
Mon, 3 Jun	Psalm 9:1-20
Tue, 4 Jun	Psalm 10:1-18
Wed, 5 Jun	Psalm 11:1-12:8
Thu, 6 Jun	Psalm 13:1-14:7
Fri, 7 Jun	Psalm 15:1-16:11
Mon, 10 Jun	Psalm 17:1-15
Tue, 11 Jun	Psalm 18:1-19
Wed, 12 Jun	Psalm 18:20-30
Thu, 13 Jun	Psalm 18:31-50
Fri, 14 Jun	Psalm 19:1-14
Mon, 17 Jun	Psalm 20:1-9
Tue, 18 Jun	Psalm 21:1-13
Wed, 19 Jun	Psalm 22:1-18
Thu, 20 Jun	Psalm 22:19-31
Fri, 21 Jun	Psalm 23:1-6
Mon, 24 Jun	Psalm 24:1-10
Tue, 25 Jun	Psalm 25:1-22
Wed, 26 Jun	Psalm 26:1-12
Thu, 27 Jun	Psalm 27:1-14
Fri, 28 Jun	Psalm 28:1-9
Mon, 1 Jul	Psalm 29:1-11
Tue, 2 Jul	Psalm 30:1-12
Wed, 3 Jul	Psalm 31:1-15
Thu, 4 Jul	Psalm 31:16-24
Fri, 5 Jul	Psalm 32:1-11
Mon, 8 Jul	Psalm 33:1-12
Tue, 9 Jul	Psalm 33:13-23
Wed, 10 Jul	Psalm 34:1-22
Thu, 11 Jul	Psalm 35:1-18
Fri, 12 Jul	Psalm 35:19-28
Mon, 15 Jul	Psalm 36:1-12
Tue, 16 Jul	Psalm 37:1-20
Wed, 17 Jul	Psalm 37:21-40
Thu, 18 Jul	Psalm 38:1-22
Fri, 19 Jul	Psalm 39:1-13
Mon, 22 Jul	Psalm 40:1-17
Tue, 23 Jul	Psalm 41:1-13
Wed, 24 Jul	Psalm 42:1-5
Thu, 25 Jul	Psalm 44:1-26
Fri, 26 Jul	Psalm 45:1-17
Mon, 29 Jul	Psalm 46:1-11
Tue, 30 Jul	Psalm 47:1-9
Wed, 31 Jul	Psalm 48:1-14
Thu, 1 Aug	Psalm 49:1-20
Fri 2 Aug	Psalm 50:1-22
Mon, 5 Aug	Psalm 51:1-19
Tue, 6 Aug	Psalm 52:1-9

**DAILY DEVOTION**

DATE <insert date>

READ <insert Scripture text>

Pick out a verse(s) that captures your attention. Write it in your journal.

REFLECT

Reread the passage a few times; listen to what the Father is saying. Pen down what comes to mind. Draw a picture if you like.

RELATE

How does the verse(s) relate with your life/relationships right now? What is one way you can live out the Word today?

REST

Spend a minute or two in silence. Rest in His love and goodness. Pen your prayer to God for today.

**EXAMEN (on Saturdays)**

1. Become aware of God's presence.

Take your time to settle yourself. Close your eyes and breath in deeply and out. Allow yourself time and space to get into a posture to be in tune with the Holy Spirit.

2. Review the week with gratitude.

Ask the Holy Spirit to review the week that has passed. Recall some of the high and low points of the week.

3. Identify a few experiences from the past week and pray from it.

Pay attention to your emotions. Take a moment to give thanks for each of these experiences, be they "highs" or "lows". Ask God for forgiveness in areas where you have fallen short. Pray for grace, wisdom, and new opportunities to glorify Him.

4. Look toward the new week.

Pray and commit the coming days to the Lord. Be as specific as you can.